

Oregon Society of Clinical Hypnosis

Presents

Eric B. Spiegel, Ph.D.

Healing the Wounds of Development: Attachment Theory & Hypnosis, An Integrated Approach to Psychotherapeutic Treatment

Live Online Distance Learning Format

Saturday & Sunday, October 17-18, 2020

8:30-3:30 PT, 9:30-4:30 MT, 10:30-5:30 CT, 11:30-6:30 ET

11 ASCH Approved Advanced CEUs



OSCH is honored to welcome Eric Spiegel for a 2 day training. In this workshop Eric Spiegel, Ph.D. shares his knowledge of scientific literature and ways in which he applies Attachment-Focused Hypnosis for Developmental Repair.

Through a mixture of didactic and experiential approaches, participants will be able to:

- 1) Conceptualize and describe how a hypnotherapeutic attachment approach could be utilized for the purposes of developmental repair.
- 2) Integrate attachment and hypnosis into the psychotherapeutic treatment of borderline and narcissistic spectrum developmental arrests.
- 3) Articulate how the hypnotic elements of attunement, representation, mentalization can be used to facilitate developmental repair.
- 4) Formulate and deliver 3 hypnotic suggestions which advance the attachment goals of enhancing attunement in the hypnotherapeutic relationship, developing mental representation of a secure attachment figure or ego state, and increasing the capacity for reflective awareness about mental states in developmentally arrested patients.

Eric Spiegel, Ph.D., is a licensed psychologist in private practice in Philadelphia, PA, United States. He is certified as an Approved Consultant in clinical hypnosis by the American Society of Clinical Hypnosis (ASCH). Dr. Spiegel is a Past-President (2018-2019) of ASCH. He is an ASCH Fellow, and was honored by ASCH with the Early Career Achievement Award in 2012. Dr. Spiegel is co-author of the book *Attachment in Group Psychotherapy*, published by the American Psychological Association in 2013. He has also published on attachment and hypnosis in the *International Journal of Clinical and Experimental Hypnosis* (IJCEH) and *American Journal of Clinical Hypnosis* (AJCH). Dr. Spiegel specializes in working with anxiety, trauma, and relationship issues. He has taught undergraduate and graduate psychology courses at Drexel University, James Madison University, Lafayette College and the University of Maryland, and enjoys teaching internationally on a wide range of subjects, including attachment and hypnotherapy.

Cost:

Early Registration Through 10/10/2020 - \$150 (OSCH, ASCH, SECH and other Component Society Members) / \$210 (Non-Members) / \$110 (Associate Member Students/Interns) / \$120 (Non-Member Students/Interns)

Late Registration From 10/11/2020 - \$200 (OSCH, ASCH, SECH & other Component Society Members) / \$260 (Non-Members) / \$160 (Associate Member Students/Interns) / \$170 (Non-Member Students/Interns)

Registration:

Online at www.oregonhypnosis.org, events are listed in the Education section of the site. Questions: info@oregonhypnosis.org. Please consider renewing your membership or joining OSCH this year.

OSCH events, information about membership, training and certification are listed online at www.oregonhypnosis.org. OSCH events are open to all licensed health care professionals in medicine, dentistry, psychology, counseling, nursing, or are students currently enrolled in graduate programs in the aforementioned fields.