

Oregon Society of Clinical Hypnosis

Presents



Debbie Benschung, LCSW

Expanding Your Hypnosis Toolbox: Hypnotically Enhanced Exploratory Approaches and Techniques

Prior level 1/ fundamental hypnosis training or equivalent required

Saturday, May 21, 2022

In-Person and Live Web-Stream

6 ASCH Approved Advanced CE Credits accepted by most licensing boards. Check with your own licensing board on CE credit guidelines if you have questions.

This workshop will review information related to the clinical applications, prerequisites, and contraindications of using exploratory, insight oriented, and uncovering techniques to address a range of clinical conditions. Debbie will bring a trauma informed lens to applications of 4 or more hypnotic exploratory and uncovering techniques that will be presented for use in clinical practice. These techniques can be used with a range of clients with or without a trauma background. Factors in decision making for technique choice will serve as the basis for discussing treatment options and clinical applications. Participants will have opportunity to observe demonstration of techniques, practice 2 of the techniques appropriate to their clinical setting and discuss applications from a clinical case presentation.

Debbie Benschung, LCSW, LICSW, ACSW, MSWAC, ASCH Approved Consultant. Debbie is clinically licensed in both Oregon and Washington state, has her national master's certification in addictions, and is an ASCH Approved consultant in clinical hypnosis. She has been in private practice since 1992 where she provides both direct clinical services to clients and provides supervision, consultation, and training to other practitioners in her areas of specialty. In her clinical practice she focuses on non-pharmaceutical approaches such as hypnosis, EMDR, and Brain Spotting to name a few. Her primary clinical focus is with complex trauma, impacts of developmental trauma, addictions & recovery, affective disorders, and mental performance training. Debbie is active in several of her professional organizations. She is the current President of the Oregon Society of Clinical Hypnosis (OSCH), is the Component Division Chair for the American Society of Clinical Hypnosis (ASCH), works with the International Society for the Study of Trauma and Dissociation (ISSTD) to support bringing clinical hypnosis training to its members and is a member in good standing with the International Society of Hypnosis (ISH) and the National Association of Clinical Social Workers (NASW National and Oregon).

Date & Time: Saturday March 26th - 9am - 5pm
(OSCH Meeting & Social Time from 8:30 - 9am)

Location: Integrative Trauma Treatment Center (2130 SW Jefferson, Ste 200, Portland, OR 97201)
OSCH is not affiliated with Integrated Trauma Treatment Center. Integrated Trauma Treatment Center does not endorse or sponsor any OSCH event, and the views and opinions by OSCH and invited speakers do not necessarily reflect those of Integrated Trauma Treatment Center.

Cost:
Early Registration Through 5/13/22 - \$140 (OSCH, ISH, ASCH & Component Members) / \$170 (Non-Members)
\$100 (Associate Member Students/Interns) / \$110 (Non-Member Students/Interns)

Late Registration From 5/14/22 through 5/18/22 - \$165 (OSCH, ISH, ASCH & Component Members) / \$195 (Non-Members) / \$125 (Associate Member Students/Interns) / \$135 (Non-Member Students/Interns)

Registration: Online at www.oregonhypnosis.org, events are listed in the Education section of the site. Questions: info@oregonhypnosis.org. Please consider renewing your membership or joining OSCH this year.

OSCH events, information about membership, training and certification are listed online at www.oregonhypnosis.org. OSCH events are open to all licensed health care professionals in medicine, dentistry, psychology, counseling, nursing, or are students currently enrolled in graduate programs in the aforementioned fields.