

Oregon Society of Clinical Hypnosis

Welcomes you to another great year

56th Annual Fundamental Course in Clinical Hypnosis Eugene, OR - February 22-24, 2019 - 20 CEs

- **Intermediate clinical hypnosis Course April 5-7, 2019 in Portland, OR.**

Refine & develop hypnotic skills for a broader range of clinical applications and clinical effectiveness

- **American Society of Clinical Hypnosis regional conference in Bellevue, WA, May 2-5, 2019**

www.asch.net - in addition to the advanced pain management course (basic course prerequisite), basic and intermediate courses will be available

This course spans 3 days, providing 20 CE hours. Course content is consistent with the American Society of Clinical Hypnosis basic & intermediate training guidelines. The course is a mix of didactic presentations, demonstrations, experiential exercises, and opportunity to practice in safe, supervised faculty led small groups. Small group mentored practice is tailored to the learning needs and style of each participant. At the end of the course participants will have been taught the basic skills needed to utilize clinical hypnosis and begin using it in a practice setting.



An Evidence Based Clinical Intervention

- Integrates with numerous treatment modalities and treatment approaches
- Increase symptom resolution when incorporated with other treatments
- Effective In the treatment with depression, anxiety, PTSD and other disorders
- Effectiveness with both acute and chronic pain management
- Treat stress disorders, dental anxiety and bruxism
- When used with surgery, can reduce recovery time and medication needs

Course Schedule:

Friday - 8:00 - late registration & check in
Friday 8:30 am - 5:30 pm
Saturday 8:30 am - 5:30 pm
Sunday 8:00 am - 3:15 pm

Registration Cut Off - 2/9/19

- OSCH Member
- Student, Intern, Resident
- Non-Member

Payment by	Payment after
<u>2/1/19</u>	<u>2/1/19</u>
\$400	\$500
\$220	\$270
\$490	\$590

Course Content Includes:

- History, Models & Theories of Hypnosis
- Hypnotizability & Hypnotic Phenomena
- Induction, Deepening & Alerting Techniques
- The use of Metaphor & Hypnotic Language
- Handling Resistance
- Applying Hypnosis to your Practice
- Hypnosis with Children
- Memory and Hypnosis
- Screening, Determining client fit for use of Hypnosis - Contraindications
- Ethical & Legal Issues in using Hypnosis

Course Participants: Interdisciplinary Licensed Health and Mental Health care providers with graduate degrees. (dentists, physicians, nurses, psychologists, LCSW, LMFT, LPC, physical therapists, etc.) Interns, residents, masters' degree and doctoral students in the above professions are also eligible to participate. Completion of fundamental hypnosis training is necessary to register for the intermediate course.

Register online at www.oregonhypnosis.org or email Treasurer@oregonhypnosis.org for mailing address for checks. Make checks payable to Oregon Society of Clinical Hypnosis. Students and residents please provide a written confirmation by a faculty member or registrar. For questions contact Debbie Benschung - (503) 957-1164 - @ debbenschung@comcast.net

Courses Hosted & Held at :

SERENITY LANE

saving lives since 1973

Outpatient Facility

4211 W 11th Ave.
Eugene, OR 97402

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