

Oregon Society of Clinical Hypnosis

Welcomes you to another great year

The 55th Annual Clinical Hypnosis Course Offering Fundamental & Intermediate Training in Clinical Hypnosis

These courses span three days and provide twenty one hours of instruction. Course content is consistent with the American Society of Clinical Hypnosis basic & intermediate training guidelines. The courses provide a firm basis for the safe, ethical and effective use of hypnosis in clinical practice. Supervised practice sessions with faculty from a range of disciplines are used to help participants develop and refine hypnotherapeutic skills

Course Participants: Interdisciplinary Licensed Health and Mental Health care providers with graduate degrees. (dentists, physicians, nurses, psychologists, LCSW, LMFT, LPC, physical therapists, etc.) Interns, residents, masters' degree and doctoral students in the above professions are also eligible to participate. Completion of fundamental hypnosis training is necessary to register for the intermediate course.



Don't you think its time to learn hypnosis?
You counsel stress management, teach mindfulness, you value affirmations/suggestions, and positive solutions with your clients. Maybe it is time to take the next step and learn hypnosis. A lot has changed in 2018 in hypnosis!

An Evidence Based Clinical Intervention

Course Dates: April 20-22, 2018

Scheduled Times:

Friday - late registration & check in time 11:30 am
 Friday 12:00 pm - 7:30 pm
 Saturday 8:30 am - 6:15 pm
 Sunday 8:30 am - 4:00 pm

***Registration Cut Off - 4/6/18**

- OSCH Member
- Student, Intern, Resident
- Non-Member

Payment by 3/30/18	Payment after 3/30/18
\$380	\$480
\$200	\$250
\$470	\$570

Course Content Includes:

**intermediate course only

- History of Clinical Hypnosis
- Models / Theories of Hypnosis
- Screening, Indications, & Contraindications
- Hypnotizability
- Hypnotic Phenomena
- Induction, Deepening & Alerting Techniques
- Intermediate & Advanced Inductions **
- Introduction to Metaphor
- Metaphor & Indirect Suggestions **
- Ethical & Legal Issues
- Dental Anxiety/Concerns
- Hypnosis with Children
- Self-Hypnosis
- Treating Sleep Issues**
- Introduction to Pain Management
- Advanced Pain Management **
- Advanced Treatment Strategies **
- Ego-Strengthening Techniques
- Stress Management
- Treating Anxiety, Phobias, Depression **
- Treating Gut Disorders/IBS/Colitis**

Register online at www.oregonhypnosis.org or email Treasurer@oregonhypnosis.org for mailing address for checks. Make checks payable to Oregon Society of Clinical Hypnosis. Students and residents please provide a written confirmation by a faculty member or registrar. For questions contact Debbie Benschling - (503) 957-1164 - @debbenschling@comcast.net

Courses Held at Crown Plaza Portland Lake Oswego

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