

56th Annual Fundamentals in Clinical Hypnosis Workshop
February 22-24, 2019

Day 1 February 22, 2019

8-8:30 am Check-in and late registration, Welcome.

8:30 am – 10 AM Morning Session #1

Introduction to clinical hypnosis: History, Definitions, Theories, Myths, Applications

10 am – 10:10 am break

10:10 AM -12:25 pm Morning Session # 2

Hypnosis Basics: Hypnotic Phenomena, Principles & Process, Inductions, Rapport and Re-alerting

12:25-1:30 pm Lunch Break

1:30 pm-3:30 pm Afternoon Session #1

Clinical Hypnosis Ethics, Professional Conduct

Metaphorically Speaking: language and concepts of metaphor

3:30-3:40 Break

3:40 – 5:30 pm Afternoon Session # 2

Mentored Group Practice #1

Adjourn for the evening

Day 2 February 23, 2019

8-8:30 am Coffee Social and Networking

8:30 -10:10 am Morning Session # 1

Fundamentals of Hypnotic Language and Formulating Suggestion

Deepening and Intensifying Trance

10:10-10:20 am Break

10:20-12:10 Morning Session #2

Presenting Hypnosis to the Patient/Client (Ethics)

Mentored Group Practice #2

12:10 -1:15 pm Lunch Break

1:15-3:00 pm Afternoon Session # 1

Essentials for Recognizing and Handling Resistance

The Nature of Memory: Legal & Ethical Considerations when using Hypnosis

3:3:10 pm Break

3:10-5:30 pm Afternoon Session # 2

Ego Strengthening with Hypnosis

Mentored Group Practice #3

Adjourn for the evening

Day 3 February 24, 2019

8am -12:15 pm Morning Session

Self-Hypnosis

Hypnosis & Induction with Children

Ideomotor Signaling Techniques & Applications

Mentored Group Practice #4

12:15-1:20 pm Lunch Break

1:20-3:15 pm Afternoon Session

Treatment Planning Strategies for Adults & Children

Integrating Hypnosis into Practice Ethically

Course concludes – evaluations, Faculty available for questions